



Teambuilding and Team Revitalizing

"I thought we had trust in this team, but after this workshop I feel real trust around me. In this atmosphere of openness and trust I can contribute much better"

This coaching workshop can help you when:

- The management team feels that more can be achieved through better collaboration and through improving internal communication and mutual understanding
- In your company the so-called "New Way of Working" (working from home base) is introduced, but has the communication between the people been sufficiently secured? Together we find the answer to the questions, how to best collaborate at a distance and how to communicate effectively and with clarity.
- Your (medical) consultants partnership wants a day for internal reflection with refreshing deepening. How is the mutual collaboration after all these years? Which patterns have become a grind and what change is required?

Is it really possible to make such a significant change in one day?

Yes, and it is fun too!

We emphasize to follow up with a return day workshop to secure any changes in a sound way.

An example: *(references on our website)*

In small steps, with a lot of time to listen and reflect in a relaxed atmosphere, each team member shares something about him/herself, prompted by questions of the coach. Questions change and various forms of play are introduced, so that slowly a shared group vision emerges.

Around lunch time your own Lumina Spark portrait (www.luminalearning.com), composed from your responses to an online questionnaire taken before the seminar, is explained to you. You can decide yourself to share relevant parts with the group.

We will now more focus on the chosen team goal, and the way to get there using the insights obtained about each other.

Towards the end of the day a deeper understanding of each other creates more trust and better communication in the team and steps have been determined to reach the team goal.

Trust and a shared commitment to a common goal provide bonding of the team members, who can look each other in the eyes providing constructive feedback to each other.

Each team has its own character and issues, and requires a custom program. We look forward to discuss with you what you want to achieve with your team.

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